

Objectives:

- Confirm the established plan of care
- Clarify the next step for doctor and patient
- Establish contingency plans
- Maximise patient adherence and health outcomes
- Make efficient use of time in the consultation
- Continue to encourage the patient to feel part of the collaborative process and to build the doctor-patient relationship for the future

Signpost the end:

I think we're just about finished...is there anything else you'd hoped to discuss?

Contract: the next steps for both doctor and patient.

So, I'll contact the specialist.....

If you leave it a day or two then phone the receptionist...

Would you call me after the appointment and let me know...

Make sure you make an appointment to see me again in

Safety-net: explain what the patient should do if things don't go according to plan.

Let's try but if there is no change in a few days come back and see me.

If you haven't heard anything by next week give me a call.

End Summary: summarise in one or two sentences and clarify the plan of action

Final check