**Autofills to assist making a diagnosis for Dementia**

Autofill for DSM classification for diagnosing dementia

1. **Use a collateral history to assist in history taking**
2. **Four Inclusion Criteria:**
   1. **Gradual onset of poor memory**
   2. **Worsening of memory problem**
   3. **Failure of function**
      * Loss of ADLs, loss of previous skills eg hobbies, driving
      * Eg Banking cooking, gardening - look for change in function over time
   4. **Cortical dysfunction** – one of the following
      1. Dysphasia; impairment in language fluency eg naming animals, or words starting with letter P
      2. Agnosia; inability to name a person or object
      3. Dyspraxia; a disorder of motor skills, coordination and planning. Ask patient to brush teeth, brush hair, test for Dysdiadochokinesia, draw a clock face

**3. Three Exclusion Criteria:**

* 1. **Delirium**; acute onset that resolves
  2. **Other organic cause;** metabolic, endocrine and brain. Use Ix to help exclude.
  3. **Psychiatric illness**; depression, anxiety, psychotic

Autofill for 5 Domains

5 Domains of Dementia to explore with patient and family

1. **Cognitive decline**; gradual onset, worsening STM. Attention, concentration, insight
2. **Functional decline**; Loss of ADLs, hobbies and responsibilities eg cooking, banking
3. **Psychiatric symptoms**; depression, anxiety, delusions; money and infidelity
4. **Behaviour changes**; short tempered, withdrawal
5. **Physical decline**; often late, walking and eating

Autofill for Ix

**Routine investigations**

* Haematology – FBC/ESR/CRP
* Biochemistry- EUC, LFT, Calcium, Glucose
* TFT
* Vit B12, folate
* CT Brain without contrast - minimal Ix to help exclude organic causes such as tumor, Hydrocephalus, subdural etc. Pet Scans/MRI Medicare rebates only via specialist.

**Other investigations to be considered if indicated**

* Fasting lipids
* Urine MCS
* ECG
* CXR
* Syphilis
* HIV
* Sleep study