

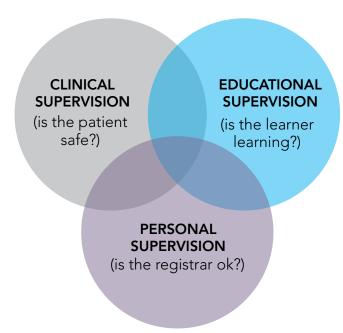
Are they safe in there? Clinical supervision and the use of random case analysis

Where does Clinical Supervision fit in the role of the GP supervisor?

GP supervisors have clinical oversight of the management of the registrar's patients, including quality of care and patient safety.

In other words...

as a GP supervisor, YOU have responsibility for the safety of your registrar's patients.



Is how we start registrars in GP training safe?1

Research has revealed that the Australian model of GP training involves a "pass the buck to the bottom" system:

RACGP sets the standard, but doesn't check that the RTO delivers it

- RTO tells supervisor to make sure patients are safe... but doesn't measure it is happening
- **Supervisor** tells registrar to call them if they are needing help, but doesn't check that they do²

The RACGP standard states that registrars should only consult patients they are safe to see, but enforcement of this standard ultimately comes down to the registrar recognising for themselves what constitutes a safe level of competency.

If your registrar is not calling you when they know they should, this can be remedied. What they cannot call you about are the unknown unknowns: the things they don't know they don't know





FREQUENTLY ASKED QUESTIONS

How do you teach a registrar common sense and teach "pro-activity"?

I've found myself intervening over an urgent result (that was time critical) sitting in my registrar's inbox unchecked. I then found out that it took the patient 7 days to book that DVT scan as the registrar believed it would "come back normal".

Frustrating and complex as it may be, teaching your registrar what in your opinion is common sense or proactivity requires further questions, such as:

- What does your registrar know about management of an abnormal result that suggests a DVT needs to be excluded?
- How would you find out?
- Is the registrar safe in there?

Are there any issues with the safety of GP training?

GP registrars in the Australian system are left to determine when they need to call their supervisors for help: a decision overshadowed by the need to contribute to the workforce almost immediately upon commencing in the practice employing and training them. By contrast, GP trainees are supernumerary in comparable training models in New Zealand, Ireland, Canada, the Netherlands, and the UK.³

An Australian study in which supervisors were asked to review and discuss a sample of their registrar's medical records revealed that:

- 30% of supervisors found a patient safety concern, and
- 16% of supervisors needed to contact a patient to remedy the problem⁴

Without a total overhaul of the Australian general practice training model to accommodate the resource-intensive review of all registrar consults by their GP, a measured approach balancing safety concerns with business practicalities is needed (Figure 1). Once registrars are no longer calling for regular review, this is where random case analysis becomes key to keeping patients safe.

FIGURE 1: METHODS OF REVIEWING REGISTRAR CONSULTATIONS⁵

Method	Consultation skills review	Physical review of patient	Immediate error rectification	Clinical decision review	Level of supervision
Sitting in for the consult	✓	~	~	~	Level 1
End of consult attendance		~	~	✓	Level 1
End of consult phone review			~	✓	Level 1
End of session review of notes				✓	Level 2

"We believe that patient safety depends upon detection of unconscious incompetence by regular use of practical techniques that look beyond the door of the closed consulting room."



FREQUENTLY ASKED QUESTIONS

What is the process of random case analysis in clinical supervision?

RANDOM	Not selected by the registrar (ideally also recent)		
CASE	More than just the record what else is recalled?		
ANALYSIS	Why were decisions made?		

The process of conducting random case analysis consists of:

SETTING	Explaining to the registrar why random case analysis is being undertaken			
CLARIFYING	Clarify the record under examination (abbreviations used, etc.)			
EXPLORING	Asking why and what to uncover learning needs and map assess the registrar against the 5 Domains of General Practice (Figure 2) What was the patient's agenda? What differential diagnoses were you considering? Why did you order the Xray? Why did you refer the patient? What are the appropriate Red Book screening tests for this patient? What item did you bill and why?			
	 and 4 'what if' questions to develop clinical reasoning (Figure 3) Person altered: eg: What if he was Aboriginal or Torres Strait Islander? Problem altered: eg: What if he had not lost consciousness? System altered: eg: What if you didn't have access to Troponin testing? Doctor altered: eg: What if you were licensed to prescribe Methadone? 			
FEEDBACK/ ASSESSMENT	 Place emphasis on the specific performance NOT the person What would you have done differently? Saying "Here is what I think went well and here are some priorities for you to work on." Download the GPSA guide to Giving effective feedback 			



FIGURE 2: 5 DOMAINS OF GENERAL PRACTICE

Domain 1

Communication and the patient–doctor relationship

CS1.1 General practitioners communicate effectively and appropriately to provide quality care.

CS1.2 Through effective health education, general practitioners promote health and wellbeing to empower patients.

Domain 5 -

Organisational and legal dimension

CS5.1 General practitioners use quality and effective practice management processes and systems to optimise safety.

CS5.2 General practitioners work within statutory and regulatory requirements and guidelines.

Domain 2

Applied professional knowledge and skills

CS2.1 General practitioners provide the primary contact for holistic and patient centred care.

CS2.2 General practitioners diagnose and manage the full range of health conditions in a diverse range of patients, across the lifespan through a therapeutic relationship.

CS2.3 General practitioners are informed and innovative.

CS2.4 General practitioners collaborate and coordinate care.

Domain 4

Professional and ethical role

CS4.1 General practitioners are ethical and professional.

CS4.2 General practitioners are self-aware.

CS4.3 General practitioners mentor and teach to improve quality care.

Domain 3

Population health and the context of general practice

CS3.1 General practitioners make rational decisions based on the current and future health needs of the community and the Australian healthcare system.

CS3.2 General practitioners effectively lead to address the unique health needs of the community.

Source: RACGP

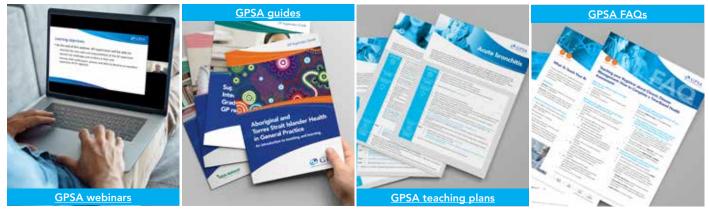


FREQUENTLY ASKED QUESTIONS

FIGURE 3: THE 4 'WHAT IF' AREAS

PROBLEM	PERSON
DOCTOR	SYSTEM

Resources



All GPSA resources are available here

GUIDES:

- Random Case Analysis in General Practice
 https://gpsupervisorsaustralia.org.au/download/2160/
- Teaching Clinical Reasoning in General Practice https://gpsupervisorsaustralia.org.au/download/2166/
- Giving Effective Feedback in General Practice https://gpsupervisorsaustralia.org.au/download/2235/



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- 3. Ingham G, Plastow K, Kippen R, White N. <u>A 'call for help' list for Australian general practice registrars. Aust J Gen</u>
- 4. Pract. 2020;49:280-7 Morgan S, Ingham G, Kinsman L, Fry J. Clinical supervision using random case analysis in general practice training. Educ Prim Care 2015;26(1):40-46
- 5. Byrnes PD, Crawford M, Wong B. Are they safe in there? patient safety and trainees in the practice. Aust Fam Phys 2012;41(1). Available from: https://www.racgp.org.au/download/documents/AFP/2012/JanFeb/201201byrnes.pdf

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